

Holotropic Breathwork and Integrative Techniques

29th of February to 3rd of March 2024

This intensive with Holotropic Breathwork and Integrative Techniques will be from the 29th of February to the 3rd of March 2024 in Germany. The venue is an old black forest house. **Kati Wortelkamp** from Germany and **Lyudmila Skartsesku** from Moldova, the two heads of the EastWest Transpersonal Training School, will welcome you and lead this seminar.

Neither of us are native English speakers, so our English is simple to understand. German translation is possible. Do not hesitate, if your English is not perfect!



Adress: Haus am Mühlenbach, Mühlematt 6, 79682 Todtmoos-Au. [Website](#)

You can fly to Basel, take train and bus, or come by car. We will help you to find the way.
(See map below.)

Costs

300 € early bird (320 €) for the whole seminar and 200 € early bird (220 €) for Holotropic Breathwork only.

The house is quiet cheap, about 90 € for three nights. We will try to provide for ourselves using a list of things to bring, so that the food is also inexpensive. We have a kitchen there and a beautiful seminar room.

Times

We start Thursday evening at 6:30 p.m. and end Sunday at about 12:00 noon. The Holotropic Breathwork starts Friday evening with an introduction and ends on Sunday after the sharing at about 12:00 noon.

