



EastWest Transpersonal

TRAINING SCHOOL

Looking forward to the start of training on February 6, 2024!

Dear friends,

we are working constantly on our program for 2024, coordinating the dates with our teachers. Many of them we meet soon in the Conference of the European Transpersonal Association (EUROTAS) in October.

If you absolve our training, fulfil the requirements - e.g. have gained enough practice, selfexperience and supervision - you have the option to get the certification as a Transpersonal Therapist from the EUROTAS. Lyudmila Skartsesku, Head East of our training, is board member of the Organization.

Inspiring Teachers

In the current program we had in the last weeks inspiring lectures from **Pier Luigi Lattuada**, the president of the EUROTAS, about his methodology, called Biotransenergetic. It is based on shamanic methods, works with the "Second attention" and let the archetypes work like the archetype of mother earth, who accepts all of us. His course included 12 lectures. We love the time with Pier Luigi, it is strong and deep. One sheet see below.

The Counselors' Three Medications

- **Silence:** the greatest inner transformations take place in darkness and silence. Participatory silence is the greatest gift a counselor can offer to his client. Being in silence means knowing how to stay in touch with the eternal and infinite aspects of one's own interiority.
- **Waiting:** knowing how to wait means knowing how to stay in the «timeless» of the deepest dimensions of the psyche. It means not having plans or expectations but creating conditions so that the energies of the deep awaken to create a new destiny.
- **Presence:** being present means being in the presence of the experiences of the other without judgment and without expectations, in the deep respect of the existential dynamics of the other.

The second one who gives lectures in the last time was **Lev Belogrodskii**, a charismatic Russian Body-Psychotherapist, who demonstrates his method of healing trauma (photo below). His method is based on the one hand on the work of Peter Levine, who describes trauma as encapsulated energy, and on the other hand on the Biodynamic approach. He focuses on the most straight part of the client and demonstrated strong effects in our students, even in Zoom.

Also from Russian comes our third teacher in June and July, **Liudmila Serbina**, who shows us “Inner work” (Process work with oneself) and the work with symptoms. Liudmila holds an PhD. and is among other things a Psychotherapist of the unified European Register (EAP) and learned Process Work in the USA.



Deep experiences

Next week, after a last meeting with our students, we will have three weeks of vacation and in September we will offer a Ceremony and a Holotropic Breathwork seminar in Chisinau in Moldova. The first lecture then will be about integration these experiences with a specialist in Psychedelics, Stephan Schillinger from France.

So, as you see, the training is very exciting, but also challenging – and all this will also wait for you, if you hear the call, “follow your bliss” (Joseph Campbell) and join our next training, that starts in February 2024.



Practice

The first “Intensive” of the new training will be from the **29.2. to the 3.3.24 in Todtmoos in the Black Forest in Germany**. **Lyudmila Skartsesku** will work with “Intensive Integrative Methods” and will lead together with **Kati Wortelkamp** two Holotropic Breathwork sessions there. The price for this seminar is included in the costs of the training. (Every three months we will have a practice with transpersonal topics and practice like Holotropic Breathwork).

The second “Intensive” with **Mario Lorenzetti** and **Kati Wortelkamp** in **North-Italy** we postponed to the **26. – 29.9.2024**, because the originally date was too close to the EUROTAS-conference in the next year. Mario will do some shamanic work there and we will have also Holotropic Breathwork.

We are really looking forward to this!



More informations

You can see the schedule of the Western training [here](#): We added there also another opportunity for practice with **Lyudmila Skartsesku in Riga/ Latvia**.

If you have any questions, don't hesitate to contact Kati or Lyudmila!

You are very welcome.

Some impressions of the current training you find on [facebook](#).

Hope to see you in February in Zoom and in person!

Warm greetings! Kati Wortelkamp, Head West, and Lyudmila Skartsesku (Head East)



If this message is not displayed correctly, click [here](#).

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